

U8 Player Format

Liverpool Youth Soccer League (LYSL) is part of a larger organization, New York State West Youth Soccer Association. New York State West encompasses most of Upstate New York, including Rochester and Buffalo youth soccer.

LYSL will follow New York State West guidelines for under 8 youth soccer with regard to player format. This format consists of 5 v5 without a goalie. The purpose of this format is to:

1. Increase touches on the ball
2. Build better defensive players
3. Increase offensive "goal area" positioning

Overall, the way the game is coached should not change a great deal. Balls that were inbounded by the goalie will now be done so by a defensive player.

Any questions you may have as the season progresses I will gladly answer.

Thank you very much for your time and effort with regard to the children of our community and the strength your support gives the Liverpool Youth Soccer League.

Jill Rath U8

Director